

# Picnic Point Public School



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Kalori 2  
February 2023

## Whole School Information

### UPCOMING EVENTS:

PARENT WORKING BEE	Sun 19 Feb
Premiers Reading Challenge opens	Mon 27 Feb
Swimming Carnival Years 2 -6	Wed 1 Mar
Aboriginal 'Tell Your Story' Day	Wed 1 Mar
Life Education Visit	Wed 1 Mar - Mon 6 Mar
PPPS Girls in STEM	Mon 6 Mar

### WHAT'S DUE NOW

Swimming Carnival note
Aboriginal Tell Your Story Day note
Life Education note
PPPS Girls in STEM note

### LUNAR NEW YEAR CELEBRATIONS – THANK YOU

A huge thank you to all the parents and carers who attended our Lunar New Year celebrations. A wonderful day was had by all, and it was great to see the students take home their craft activities and talk about the wonderful cultural experience. We wish to acknowledge the work of our Asian community and P&C representatives in making the day happen. Thank you to our fantastic sponsors who are listed in this Kalori below. Special thanks to Trijana Wijoyo for coordinating and her team of willing helpers. Many thanks to Yen Tanner, Winnie Su, Cindy Shu, Cleopatra Hu, Julie Huang, Vera Luo, Evon Huang, Shelley Liu, Jenny Yang, Mai Huynh, Karina Beattie, Sara Iskandar and Gurleen Bharaj, as well as the dads: Alex Tju, Bob Tanner, and Thai Trinh.

### WORKING BEE REMINDER – SUNDAY 19 FEBRUARY 9:30AM – 1:00PM

We are looking forward to seeing lots of PPPS families at our Working Bee this Sunday. There will be limited parking via Prince or Thomas Street gates. There will be a BBQ lunch provided around 1:00pm – vegetarian and halal is catered for. Your children are welcome to come with you. They will need to play safely or help.

Bring your garden tools, wheelbarrow, gloves, hats, sunscreen and anything that will assist.

We need your help with:

- Moving the grass and dirt from the quad playground to around the school – wheelbarrows needed. Mr Smee has kindly agreed to use the digger to remove it.
- Moving mulch to the garden beds and general gardening
- Painting decking oil on the timberwork in Minimbah
- Undercoating the frog/bee panels

We are looking forward to seeing anyone who can make it!

### LEADERSHIP INDUCTION

Thank you to our parents and carers for attending the Student Induction Assembly today. I know that our student leaders will do a great job this year, employing their Learner Qualities in their roles.

### CONGRATULATIONS SRC REPRESENTATIVES!

Thank you to all the students who bravely nominated themselves, prepared and delivered a speech to take on their class SRC role. Congratulations to the two students from each class who were successfully voted into the role of SRC member for this year.

## **MEET THE TEACHER**

Thank you to all our parents and carers who attended the 'Meet the Teacher' evening this week. We really appreciate your time given to attend, your great questions, understanding and cooperation in working with us in providing the best educational experience for your children. An overview of the Semester was handed out and is available from your child's class teacher. As always, I acknowledge and am grateful for the fantastic job that the wonderful, dedicated staff of PPPS do!

## **P&C DONATIONS TO THE SCHOOL**

It was wonderful to see many new and familiar faces at our first Zoom meeting for the year. At our first P&C meeting, a motion was passed to support the school by providing \$2000 for each Stage to purchase educational resources. On behalf of our staff and students, we extend our sincere thanks to the P&C and all community members for your generosity. Throughout the year, please show your support for our enthusiastic fund-raising committee, led by Karen Friend, to directly support our students' learning.

## **PPPS GIRLS IN STEM**

Mrs Townsend (STEM teacher) and Mrs Pearce (P&C President) were successful in achieving a grant application to promote girls engaging in STEM and Science. As such, Mrs Townsend will be running the Girls in STEM evening on **Monday 6 March**. Female PPPS students from years 3-6 and a female adult will meet at the hall for light refreshments followed by an evening of STEM activities. The evening starts at 4:45pm and finishes at 6:30pm.

Are you a female adult of PPPS and you work in the STEM field? We are looking for you to give a very short address about your journey as a woman working in the STEM field on the night. If you are interested, please contact the school office.

## **ABORIGINAL 'TELL YOUR STORY' DAY**

Aboriginal and Torres Strait Islander students and their families from the Bankstown schools are invited to attend Picnic Point Public School for 'Tell Your Story' Day on Wednesday 1 March. They will participate in a day of connecting with their identity and their culture through engaging in authentic literacy activities and sharing stories, with the view to support students in becoming published authors.

The day will begin with a smoking ceremony performed by Russell Dawson and Aunty Carol Brown and then students and their families will participate in four activities led by various Aboriginal authors/linguists/performers/artists and sports people.

## **ECO-SCHOOLS**

This year, we are part of the Eco-school's group, sponsored by Canterbury Bankstown Council. Over the year, we will be working with specialists to help us to set up sustainable eco-practices in the school which will in time reduce our environmental print on the planet. As part of the process, our school will be officially certified as an eco-school according to the set criteria, after we participate in the program. We are hoping to get the highest certification and be one of the first schools in Bankstown to be certified as a 'green' eco-school. More information to follow.

## **STRIPED MARSH FROG COLONY**

Our last Working Bee resulted in the front of the school being greatly improved. So much so, that a colony of indigenous striped marsh frogs have moved into the old water feature. Mr Arthur White, a local frog expert, confirmed and checked the species last week. The frogs/tadpoles should exist harmoniously at the front of the school and are great for reducing flies and mosquitoes. Our students will have the opportunity to look at these tadpoles/frogs and how they develop as we engage in learning about the local ecology in class. One thing we must remember is that frogs should never be touched by human hands.

Karen Sellick,  
Principal

## Shared Language of Learning

# BEE CURIOUS

*"Curiosity is the spark behind the spark of every great idea. The future belongs to the curious"*

### Definition

Curiosity is our student's ability to learn and take an interest in new things. Curiosity allows our students to actively question their own learning and the world around them, to discover and grow both as a learner and a person. For example, when told that Mount Everest is the highest mountain in the world a curious learner wants to know how high? Or where is it? Or might even already know, that even though it is the highest, it is not in fact the tallest.



### Language of Learning Challenge

Be Curious and discover something new or interesting with your child/children.

### Student Quote -

"Never stop being nosy." Tarn Ward

"You always engage in asking questions." William Lawson

"So you ask questions." Levi Thambyah

## Stage 1

### THANK YOU, P&C

A huge thank you to our P&C for their generous donation towards Early Stage 1 and Stage 1. It is very much appreciated, and we will be purchasing new resources for our classrooms.

### BOOK COVERS FOR TEXTBOOKS

All textbooks were sent home today to be covered. Could you please cover them in **ONLY** clear contact or clear A4 book covers. (These are available from suppliers such as Officeworks or newsagents). Please return all books on Monday whether covered or not. Thank you.

### EASTER HAT PARADE AND CROSS COUNTRY

Save the date! Our Easter Hat Parade and Cross Country Carnival will take place at school on **Thursday 6 April**.

### SPORT

We have been very lucky to receive a sporting grant and we have organised a 7 week AFL program for our Year 1 and 2 students. They had their first lesson today and thoroughly enjoyed learning new skills. There is no cost for this program.

Due to our in-school AFL program this term there will be no AFL clinics on Thursdays after school.

### YEARS 1 AND 2 DANCE GROUP

Today we took down names of the students who are interested in trailing for dance. We will be holding auditions next Friday at lunchtime for our Years 1 and 2 dance group. These auditions will run for a few weeks and the students will be told before the end of term if they were successful.

## **INDEPENDENCE**

Thank you to those families and students who have already adopted the 'KISS AND DROP' routine. We have found this settles our students much quicker and we appreciate your support.

We are very impressed with our K-2 students as they are beginning to settle into school routines. One favour we ask is that you practice these things to assist with independence in opening the following:

- Small packets and muesli bars
- Yoghurt
- Cheese strips

## **PCIT - PARENT-CHILD INTERACTION THERAPY**

We are one of six schools in the Bankstown area to be part of a pilot program to support parents in managing K-2 students with challenging behaviours. This research project is just the second of its kind in Australia and we are leading the way in making sure that student wellbeing is a top priority.

A special therapy room has been established at Condell Park PS with financial contributions from the six partnered schools and working closely with researchers from the University of New South Wales. This program is done with preschool and K-2 families and is used to help parents and teachers learn effective ways of managing children's behaviour problems.

Early next week, all K-2 parents will be asked to complete a short survey about your child's behavioural, emotional, and social wellbeing at the beginning and end of the school year. This data will be de-identified and form part of the research into improving student wellbeing. It'll take you 10-15 minutes per survey, and you can do it online or using a paper-and-pencil. As this is part of a research project, we need to officially get your consent to collect this information from you, so you'll be asked to sign a permission slip at the start of the survey.

Participation is completely voluntary. If you choose to participate, you'll also be entered into a draw to win \$100 for your child's school, which can be spent on things like school supplies or a classroom excursion! Thank you for your support.

## ***Stage 2***

### **JELLYBEANS**

Jellybeans is well underway and our specialist music teacher, Karen has been using her musical expertise to engage the students in a range of musical activities on the recorder, glockenspiel and a range of percussion instruments.

While some of the learning content appears challenging, our students are listening carefully and showing determination to improve each week.

### **BYOD REMINDER**

This year our Year 4 students are bringing their own devices to school to support classroom learning and develop computer research skills. Year 4 students are responsible for bring their fully charged devices to school on the following days:

- 4 Narnia - Monday and Thursday
- 4 Wonderland - Tuesday and Thursday
- 4 Atlantis - Monday and Thursday

Please note that no child will be disadvantaged if they don't have their own device – they will have the use of a school Chromebook.

## *Stage 3*

### **BEHAVIOUR**

We have had a great start to the year and our seniors are still settling in and finding their place. We are asking for your support in enforcing the standards we set with behaviour and uniform. It's wonderful to see the students stepping up and showing how mature they are becoming.

We want to work together with you to support the children getting ready for High School. If you have any worries, please contact your child's class teacher before they become big problems.

### **CADBURY CHOCOLATE YEAR 6 FUNRAISER**

The chocolates have arrived and were sent home today. Thank you to all the students and families who offered to sell a box! For making the order we received a 4.5kg Toblerone!! This will be raffled off next Term so as not to clash with the Easter raffle.

## *Band*

### **BAND MEETING**

Our Band AGM and Ordinary Meetings last Tuesday evening was enjoyable and very productive. Many thanks to Colleen and the parents who attended. Many brilliant ideas were discussed and plans made. We managed to fill the committee roles, but will always need extra help for special occasions, performances, and fund raisers. Please read the minutes from both meetings, which were emailed to you this week. If you have not received the email, it means you have not been added to the band mailing list or may have changed your address – please contact the office.

### **BAND TIMETABLE**

Some changes have been made and the updated timetable should be coming home in the next few days.

The main sessions to remember are concert band practice at 8.00am on Mondays, and training band practice at 8:00am on Wednesdays. Tutorials are on Monday and Tuesday from lunchtime onwards. The latest sessions are 3:00pm to 3:30pm on both days. We have eliminated any later sessions to suit our community.

## *Chess*

### **CHESS CLUB**

Mr Burdon has been running the lunchtime chess club on Thursdays. Students can come and go and can be at any level - total beginner to expert. Later this term, we will be holding trials for players interested in joining the Junior Chess League inter-school competition. The competition runs for most of Term 2 and members must know how to play.

### **CHESS ACADEMY**

We have several new recruits for the Sydney Chess Academy and it's great to see very young students, including girls, showing interest in this mind sport.

Although registration is not through the school, you can request contact details from the school office.

## *Library*

## THANK YOU

A huge thank you to Ms Zhao, Mrs Ho, Mrs Oberoi, Mr Nguyen, Ms Wijoyo, Mrs Van Ryn, Mrs Tanner, Ms Yang, Mrs Tadros, Mrs Ristevska and Mrs Tsohas for covering hundreds of books for the classrooms over the last few weeks. Your help is greatly appreciated.

## Sport

### UPCOMING EVENTS:

SSW AFL	Tue 28 Feb
School Swimming Carnival	Wed 1 March

### PSSA SEASON 1

PSSA trials continued today for Season 1 - Boys Touch, Girls Netball or Mixed Newcombe Ball. PSSA begins in Week 6. Students must listen out for announcements each day.

SEASON 1	Boys Touch	Mr Burdon
	Netball	Mrs Allen & Mrs Gray
	Newcombe Ball	Mr Bowen

Tennis will begin in Week 6 and notes came home today. Please return all tennis notes to the office.

This season we were lucky to receive a sporting grant and will be offering AFL as a school sport option for Season 1, free of charge. Notes came home today for AFL and are due back on Monday.

### SCHOOL SWIMMING CARNIVAL

Years 2-6 students will be participating in our annual swimming carnival on Wednesday 1 March at Birrong Pool. Transport will be via bus. We expect to see all children who can swim 50m unassisted, compete in their freestyle age races. Supervised water park activities will be available.

All online permission and payment are due on Monday. If you haven't completed this, you will be able to complete the online permission, but payment will not be active until after next Wednesday due to our rollover into our new payment system.

Parent spectators are welcome. Parents need to pay on entry to the pool and must stay in the designated area OPPOSITE the grandstand. Students MUST stay in the grandstand. From 1:00pm parents may sign out their child/ren early from the recording desk but must then leave the pool complex immediately.

### DISTRICT AFL

Congratulations to Dean Afungia, Jayden Hassan and Adam Kramer who were selected in the East Hills District AFL team to compete at the Sydney South West Championships on Tuesday 28 February. We wish the boys and their coach Mr Burdon all the very best for the day.

# NAPLAN Information for parents and carers

## 2023

### Why do students do NAPLAN?

NAPLAN is a national literacy and numeracy assessment that students in Years 3, 5, 7 and 9 sit each year. It is the only national assessment all Australian students have the opportunity to undertake.

As students progress through their school years, it's important to check how well they are learning the essential skills of reading, writing and numeracy.

NAPLAN assesses the literacy and numeracy skills that students are learning through the school curriculum and allows parents/carers to see how their child is progressing against national standards and over time.

NAPLAN is just one aspect of a school's assessment and reporting process. It doesn't replace ongoing assessments made by teachers about student performance, but it can provide teachers with additional information about students' educational progress.

NAPLAN also provides schools, education authorities and governments with information about how education programs are working and whether young Australians are achieving important educational outcomes in literacy and numeracy.

### Your child will do the NAPLAN tests online

Schools have transitioned from paper-based to computer-based assessments. All Year 3 students will continue to complete the writing assessment on paper.

Online NAPLAN tests provide more precise results and are more engaging for students. One of the main benefits is tailored (or adaptive) testing, where the test presents questions which may be more or less difficult depending on a student's responses.

Tailored testing allows a wider range of student abilities to be assessed and measures student achievement more precisely. A student's overall NAPLAN result is based on both the number and complexity of questions they answer correctly. Your child should not be concerned if they find questions challenging; they may be taking a more complex test pathway.

### What does NAPLAN assess?

NAPLAN assesses literacy and numeracy skills that students are learning through their regular school curriculum.

Students sit assessments in writing, reading, conventions of language (spelling, grammar and punctuation) and numeracy. The questions assess content linked to the Australian Curriculum: English and Mathematics.

All government and non-government education authorities contribute to the development of NAPLAN test materials.

To find out more about NAPLAN, visit [nap.edu.au](https://nap.edu.au).

### Participation in NAPLAN

NAPLAN is for everyone. ACARA supports inclusive testing so all students have the opportunity to participate in the national assessment program.

Adjustments are available for students with disability who have diverse functional abilities and needs.

Schools should work with parents/carers and students to identify, on a case-by-case basis, reasonable adjustments required for individual students with disability to access NAPLAN. Adjustments should reflect the support normally provided for classroom assessments.

To help inform these decisions, you may consult the [NAPLAN public demonstration site](#), the [Guide for schools to assist students with disability to access NAPLAN](#), or our [series of videos](#) where parents/carers, teachers and students share their experiences in using NAPLAN adjustments.

In exceptional circumstances, a student with a disability that severely limits their capacity to participate in the assessment, or a student who has recently arrived in Australia and has a non-English speaking background, may be granted a formal exemption.

Your school principal and your local test administration authority can give you more information on adjustments for students with disability or the process required to gain a formal exemption.

## What if my child is absent from school on NAPLAN days?

Where possible, schools may arrange for individual students who are absent at the time of testing to complete missed tests at another time during the school's test schedule.

## What if my school is closed on NAPLAN days?

Schools with compelling reasons may be given permission to schedule tests after the 9-day test window.

## What can I do to support my child?

Students are not expected to study for NAPLAN. You can support your child by reassuring them that NAPLAN is a part of their school program and reminding them to simply do their best. Some familiarisation and explanation of NAPLAN is useful to help students understand and be comfortable with the format of the tests. Teachers will ensure students are familiar with the types of questions in the tests and will provide appropriate support and guidance.

ACARA does not recommend excessive preparation for NAPLAN or the use of services by coaching providers.

See the types of questions and tools available in the online NAPLAN assessments at [nap.edu.au/online-assessment/public-demonstration-site](http://nap.edu.au/online-assessment/public-demonstration-site).

## NAPLAN timetable

The NAPLAN test window is 9 days. This is to accommodate schools that may have fewer devices.

The NAPLAN test window starts on Wednesday 15 March and finishes on Monday 27 March 2023. Schools are advised to schedule the tests as soon as possible within the testing window, prioritising the first week.

Test	Scheduling requirements	Duration	Test description
Writing	<ul style="list-style-type: none"><li>Year 3 students do the writing test on paper (on day 1 only)</li><li>Years 5, 7 and 9 writing must start on day 1 (schools must prioritise completion of writing across days 1 and 2 only, with day 2 only used where there are technical/logistical limitations)</li></ul>	Year 3: 40 min Year 5: 42 min Year 7: 42 min Year 9: 42 min	Students are provided with a 'writing stimulus' (sometimes called a 'prompt' – an idea or topic) and asked to write a response in a particular genre (narrative or persuasive writing)
Reading	<ul style="list-style-type: none"><li>To be completed after the writing test</li><li>To be completed before the conventions of language test</li></ul>	Year 3: 45 min Year 5: 50 min Year 7: 65 min Year 9: 65 min	Students read a range of informative, imaginative and persuasive texts and then answer related questions
Conventions of language	<ul style="list-style-type: none"><li>To be completed after the reading test</li></ul>	Year 3: 45 min Year 5: 45 min Year 7: 45 min Year 9: 45 min	Assesses spelling, grammar and punctuation
Numeracy	<ul style="list-style-type: none"><li>To be completed after the conventions of language test</li></ul>	Year 3: 45 min Year 5: 50 min Year 7: 65 min Year 9: 65 min	Assesses number and algebra, measurement and geometry, and statistics and probability

## How is my child's performance reported?

Individual student performance is shown on a national achievement scale for each assessment. This scale indicates whether the student is meeting expectations for the literacy and numeracy skills needed to participate fully in that year level.

A NAPLAN individual student report will be provided by your child's school later in the year. If you do not receive a report, you should contact your child's school.

## How are NAPLAN results used?

- Students and parents/carers may use individual results to discuss progress with teachers.
- Teachers use results to help identify students who need greater challenges or extra support.
- Schools use results to identify strengths and areas of need to improve teaching programs, and to set goals in literacy and numeracy.
- School systems use results to review the effectiveness of programs and support offered to schools.
- The community can see information about the performance of schools over time at [myschool.edu.au](http://myschool.edu.au).

## Where can I get more information?

For more information about NAPLAN:

- contact your child's school
- contact your local test administration authority at [nap.edu.au/TAA](http://nap.edu.au/TAA)
- visit [nap.edu.au](http://nap.edu.au)

To learn how ACARA handles personal information for NAPLAN, visit [nap.edu.au/naplan/privacy](http://nap.edu.au/naplan/privacy).





## **A NOTE FROM THE PRESIDENT...**

It was fantastic to see new faces at our P&C meeting on Monday. Thank you to all those parents and carers that attended.

We have had lots of new members join us for 2023 and we encourage those that would still like to "Bee Involved" to complete a membership form and either pay the 50c fee via My School Connect or directly to the school office.

## **P&C DONATE \$10,000 TO SCHOOL FOR 2023**

Each year the P&C donates funds to the school to be used for students resources. It was resolved at last night's meeting to donate \$2,000 per stage and also \$2,000 for STEM for students resources for 2023.

## **REMINDER - P&C ANNUAL GENERAL MEETING**

Our AGM will be held via Zoom on Tuesday 14<sup>th</sup> March 2023 at 7:00pm. All committee positions will be vacated and we welcome all parents to join and become an active member of our school community.

The nomination form is attached at the end of the newsletter as well as being available on the school's website under Parents and Citizens/Executive.

You will also find information on each position as well as a summary of the role description. Nomination forms are due back to the P&C or school office by 7 March 2023.

## **NEW BBQ DONATED**

We wish to sincerely thank Karina Beattie for her generosity in donating to the P&C a new 4 burner BBQ.

We had recently put the call out to the wider community for a new BBQ and ladder for the P&C and Karina stepped up and delivered a new BBQ to the school.

It will definitely be put to good use with many sausage sizzles over the coming years.



# **THANKYOU!**



## AROUND THE GROUNDS...

### 2023 WOMEN'S WEEK GRANT

The P&C was successful in its application for a share of \$200,000 grant made available by the NSW Government as part of 2023 NSW Women's Week Grants program, which provides an opportunity to deliver an event during NSW Women's Week.

### GIRLS IN STEM EVENT MONDAY 6<sup>TH</sup> MARCH 2023

The P&C will host an after-school event on Monday 6 March 2023, promoting STEM for our female students. Girls will attend with a parent/carer, participating in STEM activities. A female member of our school community who works in a STEM career will be invited to speak at the event. Further information will be sent out by the school shortly.

NSW Women's Week is a celebration of women in NSW that occurs each year to align with International Women's Day on 8 March and we are very excited about being part of this event. We thank Janelle Townsend for all her help and organisation of the event.

## CANTEEN NEWS

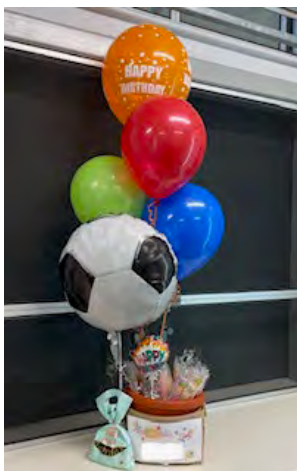
### LADDER NEEDED!!!

If anyone has a spare 3 - 4 Step Ladder in good condition no longer needed please contact us, one is needed for the storeroom in the canteen.

### LAUNCH OF THE BIRTHDAY BUCKET

You can now order a "Birthday Bucket" for your child to celebrate their birthday at school.

Simply order your child a birthday bucket via My School Connect and delivered to their classroom on their special day will be Quelch ice blocks for the class as well as balloons and a loot bag to take home for the birthday child. It's a no fuss way for parents/carers to celebrate their child's special day at school. A birthday bucket is \$20.00. Should you wish to order please do so a week in advance to ensure stock is available and also contact Kaz Paxton on 0431 388 773 to confirm details for





## AROUND THE GROUNDS...

### UNIFORM SHOP NEWS

The Uniform shop is currently restocking both Slouch and Legionnaire Hats.

Unfortunately, due to suppliers increasing their prices the P&C has made the decision to increase the price of the Slouch hats to \$25.

The new Slouch hats will have the “newer” embroidered school logo on them which looks great.



## BUSINESS SPONSORSHIP OPPORTUNITIES

There are many ways that families & members of our greater school community can contribute.

Business Sponsorship is one area which provides those with an opportunity to contribute & support Key Events within our School, when they may not have the time or ability to volunteer & still want to “Bee – Involved”.

Throughout 2023 we will be seeking support from our School Community for Business Sponsorship or Donations.

Please don't hesitate to reach out and contact us at anytime.

You don't even have to wait for us to put a call out!!!

We would love to hear from you with any idea or proposal simply reach out by sending us a Direct Message on Facebook or via email:

[picnicpointpublicschool@pandcaffiliate.org.au](mailto:picnicpointpublicschool@pandcaffiliate.org.au)



## ARE YOU FOLLOWING US ON SOCIAL MEDIA???

Keep up to date with everything we have going on through our Social Media Pages.

Follow us now on Facebook & Instagram.





## Membership Form

If you would like to become a member of the Picnic Point Public School P&C Association, please return your details along with 50 cents to the school office or pay via My School Connect

Name: \_\_\_\_\_

Mobile Phone: \_\_\_\_\_

Email: \_\_\_\_\_

If you would also be interested in joining the Picnic Point Public School P&C Association Executive Committee or Sub-Committees please indicate your preference below and our President will be in contact with you to discuss current roles available .

Please tick the relevant boxes:

I would be interested in the following role(s):

- President
  - Vice President
  - Secretary
  - Treasurer
  - Assistant Secretary
  - Assistant Treasurer
  - Canteen Convenor
  - Uniform Shop Convenor
  - Fundraising Convenor
  - School Building Fund Administrator
  - Safety Officer
- I am interested in a role on the committee but would like to find out more.
- I am not currently interested in a role on the committee but happy to be a member.

**Thank you for support.**



# Business Sponsorship

**CUB-BEE HOUSE**  
EARLY LEARNING CENTRE



*gemini*  
FITNESS

Kids Capers  
OOSH



HEAD ACADEMY  
KUNG FU



**SALADMASTER**<sup>®</sup>  
WE CHANGE LIFE



**FitNProsper**  
Inspire Healthy Living



**Golden Pavilion  
Restaurant**



# Lucky Red Envelope Supporters



**BING LEE**



### COMBINATION

701	Combination with Garlic Sauce .....	\$19.80
702	Combination with Satay Sauce.....	\$19.80
703	Combination with Black Bean Sauce .....	\$19.80
704	Combination with Chilli Sauce .....	\$19.80
705	Combination with Mongolian Sauce.....	\$19.80
706	Combination with Curry Sauce .....	\$19.80

### VEGETABLE & TOFU

803	Stir Fried Mixed Vegetables .....	\$18.80
804	XO Green Bean.....	\$18.80
805	Mixed Vegetables and Tofu .....	\$18.80
806	Stir Fried Vegetable with Mixed Mushrooms...	\$18.80
807	Salt & Pepper Green Bean .....	\$18.80
808	Ma Po Tofu .....	\$18.80

### OMELETTE

901	King Prawn Omelette .....	\$20.80
902	Small Prawn Omelette.....	\$16.80
903	Combination Omelette.....	\$18.80
904	Chicken Omelette.....	\$15.80
905	Beef Omelette .....	\$16.80
906	Vegetarian Omelette.....	\$15.80
907	Plain Omelette.....	\$14.80

### LAKSA

1001	King Prawn Laksa .....	\$17.80
1002	Combination Laksa.....	\$16.80
1003	Chicken Laksa .....	\$14.80
1004	Beef Laksa .....	\$14.80
1005	Assorted Vegetables Laksa.....	\$14.80

### NOODLE & RICE

1101	Chicken Fried Rice .....	\$10.80
1102	Vegetarian Fried Rice .....	\$10.80
1103	Egg Fried Rice .....	\$10.80
1104	Special Fried Rice .....	\$13.80
1105	Pineapple Fried Rice .....	\$10.80
1106	Pineapple and Chicken Fried Rice .....	\$13.80
1107	Seafood Fried Rice .....	\$18.80
1108	Vegetarian Chow Mein .....	\$13.80
1109	Chicken Chow Mein .....	\$14.80
1110	Beef Chow Mein .....	\$14.80
1111	Combination Chow Mein .....	\$17.80
1112	Seafood Chow Mein .....	\$18.80
1113	Singapore Noodles .....	\$15.80
1114	Beef with Flat Rice Noodles.....	\$15.80
1115	Prawn Chow Mein.....	\$20.80
1116	BBQ Pork & Beans Fried Rice ... (S) \$8.80 (L) \$10.80	
1117	Steam Rice .....	(S) \$3.00 (L) \$4.50

## Golden Pavilion Restaurant

14-16 Blamey Street Revesby 2212  
**02 9773 1752 0450 729 599**

# Golden Pavilion Restaurant



14-16 Blamey Street Revesby 2212

**02 9773 1752**  
**0450 729 599**

Open 6 Days  
Tuesday - Sunday, Monday Closed  
Lunch: 11:00am - 2:30pm  
Dinner: 5:00pm - 9:30pm

## TAKEAWAY MENU

ALL PRICES INCLUDED G.S.T.  
Prices are for takeaway only.  
Picture are for reference only.  
Please notify staff of any allergies.  
All dishes contain traces of nuts.



## ENTREE

101	Prawn Dumplings (4)	\$9.80
102	Siu Mai (Dim Sim) (4)	\$7.80
103	Shanghai Soup Dumplings (4)	\$7.80
104	Scallops Prawn Dumplings (3)	\$9.80
105	Vegetarian Dumplings (3)	\$9.80
106	Vegetarian Spring Rolls (4)	\$6.80
107	Chicken Spring Rolls (4)	\$6.80
108	Sesame Prawn Toast (4)	\$8.80
109	Fried Chicken Wings	\$10.80
110	Pork San Chow Bow (4)	\$12.80
111	Chicken San Chow Bow(4)	\$12.80
112	Seafood San Choy Bow (2)	\$16.80
113	Mongolian Lamb served with Pancake (6)	\$16.80
114	Shanghai Dumplings (fried)	\$9.80
115	Prawn Chive Dumplings	\$10.80
116	BBQ Pork Buns	\$10.80
117	Prawn Chips	\$2.50

## SEAFOOD

304	Honey Prawn	\$21.80
305	Salt & Pepper Prawn	\$21.80
306	Szechuan Chilli Prawn	\$21.80
307	Spicy Dried Chilli Prawn	\$21.80
308	Fish Fillet in Cream Sauce	\$21.80
309	Ginger & Shallots Fish Fillet	\$21.80
310	Sweet & Sour Fish Fillet	\$21.80
311	Salt & Pepper White Baits & Squids	\$21.80
312	Salt & Pepper Squids	\$21.80
313	Thai Chilli Prawn	\$21.80
314	Curry Fish Fillet	\$18.80
315	Szechuan Fish Fillet	\$18.80
316	Thai Chilli Fish Fillet	\$18.80
317	Szechuan Squids	\$18.80
318	Thai Chilli Squids	\$18.80
319	Garlic Prawn	\$21.80

## BEEF

501	Shredded Beef Peking Style	\$24.80
505	Wasabi Beef (Japanese Style)	\$21.80
506	Beef Black Pepper Sauce	\$21.80
507	Mongolian Beef	\$18.80
508	Beef Black Bean Sauce	\$18.80
509	Stir-fried Beef with Vegetables	\$18.80
510	Szechuan Spicy Beef	\$18.80
511	Satay Beef	\$18.80
512	Beef in Oyster Sauce	\$18.80
513	Curry Beef	\$18.80
514	Thai Chilli Beef	\$18.80

## CHICKEN

601	Shandong Chicken	\$18.80
602	Crispy Skin Chicken	\$18.80
603	Szechuan Chicken	\$18.80
604	Lemon Chicken	\$18.80
605	Honey Chicken	\$18.80
606	Satay Chicken	\$18.80
607	Curry Chicken	\$18.80
608	3 Cup Chicken	\$18.80
609	Spicy Dried Chilli Chicken	\$18.80
610	Cashew Chicken	\$18.80

## SOUP - NOODLE SOUP

201	Long Soup	\$5.80
202	Combination Long Soup	\$12.80
203	Chicken Sweet Corn Soup	\$5.80
204	Crab Meat Sweet Corn Soup	\$5.80
205	Wonton Soup (Short Soup)	\$5.80
206	Hot & Spicy Sour Soup	\$6.80
207	Combination Short Soup	\$12.80
208	Combination Long & Short Soup	\$14.80

## PORK

401	Sweet & Sour Pork	\$18.80
402	Pork Ribs in Peking Sauce	\$18.80
403	Honey & Pepper Pork Ribs	\$18.80
404	Salt & Pepper Pork Ribs	\$18.80
405	BBQ Pork in Plum Sauce	\$18.80





# HEAD ACADEMY KUNG FU

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Email: [admin@kungfupadstow.com.au](mailto:admin@kungfupadstow.com.au)

Contact: 0430 245 143 (Booking Admin) or 0420 591 110 (Sifu James)





# KUMON



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- concentration
- a daily study and reading habit
- the confidence to learn independently.

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### **KUMON REVESBY EDUCATION CENTRE**

19A Selems Parade, Revesby

Instructor: Danny Alipio

**tel: 04 0090 5673**

<http://au.kumonglobal.com>

## **Closing Date is Friday 10 March 2023**

**We would be grateful if you could advertise the program in your newsletter.**

### ***MindQuest***

**ST GEORGE GIRLS HS  
VICTORIA ST KOGARAH**

On **Saturday & Sunday 1<sup>st</sup> & 2<sup>nd</sup> April 2023** the 97th NSW Talent Enrichment Weekend *MindQuest* will be held for primary students from Years 1-6 at St George Girls HS. These include gifted and high potential students, gifted underachievers and students with above average ability with a special interest. Students will have an opportunity to participate in over **33 exciting, fast paced courses in the two day program**. They include courses in chemistry, earth sciences, drama, lego robotics, art and much, much more. Many of these highly successful courses have been run in the past and students' evaluations suggest that they have been challenged and enriched by the experience. The cost of the weekend is \$240 (including GST).

**Contact your school for a brochure or Shelagh Poray 02 9748 1084**

**Closing Date:       Friday 10 March 2023**

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FOOD AS MEDICINE, YOU  
WILL TAKE YOUR  
MEDICINE AS FOOD"**



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# JOIN *Today!*

## PANANIA DIGGERS



Our club welcomes players of all ages genders and abilities. Whether you are on the path to Premier League or looking to have a kick with friends you are Welcome at Panania Diggers



CLUB LOCATION: **KELSO PARK**  
PANANIA NSW 2213

**Panania Diggers Soccer celebrates its 60th birthday in 2023** and will again be providing opportunities for players aged 4 to really old to enjoy the excellent facilities, to get active and get involved in Community Soccer

Panania is one of the largest clubs in the Bankstown area and aspires to continue to grow in numbers in 2023

Join Panania Diggers Soccer - Head to our website

[www.pananiadiggersoccer.au](http://www.pananiadiggersoccer.au)

For more Information and to Register for Season 2023

Email: [info@pananiadiggersoccer.au](mailto:info@pananiadiggersoccer.au)

Facebook: [www.facebook.com/pananiadiggersoc](https://www.facebook.com/pananiadiggersoc)