



Picnic Point Public School
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Kalori Newsletter

No. 17
November 2019

Principal's Report

UPCOMING EVENTS:

Remembrance Day Service	11 th Nov
Swimming Scheme Starts	11 th Nov
Prefect Speeches	13 th Nov
House Captain Voting	14 th Nov
East Hills District Dance Festival	14 th Nov
Showcase Day	19 th Nov
Sports & Performing Arts Photos	20 th Nov

WHAT'S DUE NOW

Teen Ranch Balance due today
Year 1 Excursion due today
Kindy Excursion due Monday
Year 3 Excursion
Statement of Accounts

SHARED LANGUAGE OF LEARNING

This is our third survey to help us improve the way we communicate our shared language of learning to our community. Last time we did this survey we had 103 responses.

We would appreciate your time and feedback as it directly guides our future actions. The survey is very short with only 8 questions and it should only take about 5 minutes. Please follow the link below.

<https://www.surveymonkey.com/r/SharedLanguage>

REMEMBRANCE DAY CEREMONY

On Monday 11th November we will be holding our ceremony to commemorate Remembrance Day. If you would like to send a small floral tribute it can be placed at the flagpoles in the morning.

JUMP ROPE FOR HEART

This year our school participated in the Jump Rope for Heart Program and raised an outstanding \$11300! As a school, we raised the most amount of money in New South Wales! The money raised goes towards vital heart research and education programs to help children and adults with heart disease. Congratulations for helping the Heart Foundation, learning some amazing skipping skills and improving your fitness and coordination! Keep skipping!

CHILDREN'S CROSSING – UNDERSTANDING HOW THEY WORK

We all know how Zebra Crossings work as they are very common and we encounter them almost every day. However, how well do you know the rules for a Children's Crossing, like the one we have at the Thomas St gate? Did you know the following about Children's Crossings:

- Operate when the orange 'Children Crossing' flags are displayed
- Legally the strongest marked pedestrian crossings for managing traffic and road safety in the local streets around schools
- Offer more protection than zebra crossings
- By law, drivers must stop their car at the stop line and wait until all pedestrians on the crossing and those about to step onto the crossing have crossed the road
- Fines of \$572 and 4 demerit points apply
- Pedestrians must walk between the two red and white posts on each side of the road and keep within that area

Thank you for taking the time to read this and for taking care whilst driving around our school so that our little ones make it to school and back home again safely each day.

KEEPING OUR CHILDREN SAFE – SOME GENERAL SAFETY TIPS FOR OUR CHILDREN

Heading towards the end of 2019 and the summer holidays, as parents we may wonder, is it OK to let our children play outdoors or go to the shops with their friends etc? How do I teach them to be safe? The answers to these questions are ultimately up to you as parents, but however you teach your children, you want them to understand they *can* be safe, with you or without you. We encourage you to make this a positive message rather than one that may foster inappropriate fears. This also encourages children to reach out for help from appropriate people. Here are some tips from the Daniel Morcombe Foundation about being safe:

1. When you can, stay with a friend. Even if you have a fight with your mate, don't go off alone.
2. Be observant. Notice who's around you and what they're doing.
3. Have a family password. Something like your favourite food – lasagne, for example. If a person says they are meant to pick you up, test them on the password.
4. With your parents, make a list of 5 adults you trust. If you ever feel uneasy about anybody or anything, tell one of these people and know you won't get into trouble. If you feel you're not being listened to, try someone else.
5. Don't share information about yourself, like your hobbies or the name of your school with people you don't know, online or in real life.

Here's a link to some conversation cards that you may find useful from the Daniel Morcombe Foundation website if you're interested:

https://danielmorcombefoundation.com.au/wp-content/uploads/2019/10/DMF_Conversation_Cards_Parent-Carer_Guide.pdf

PEANUT ALLERGY REMINDER

At Picnic Point, we endeavour to be a 'nut friendly' school due to a number of our students with allergies which could lead to very serious symptoms.

We ask that parents do not send peanut butter or hazelnut/Nutella sandwiches with their child's lunch, as even a remote contact through sharing books, toys, etc., could result in an anaphylactic reaction.

Ben Walsh
Principal

Shared Language of Learning

BEE MINDFUL

"We are the masters of our own destiny"

Definition

Being Mindful is about freeing ourselves from the stresses of the past and our anxieties about the future. It is our ability to understand the 'why' behind what we do and what we feel. It is a powerful skill that allows us to be in control of whom we are and who we are becoming in each and every moment.



Why Mindful?

Students who are able to recognise the 'why' behind their emotions, actions and learning are able to be in control of these aspects of their lives. They are able to self-manage and assess where they are and where they need to go. Studies have shown that children and adults who possess advanced mindfulness skills are better able to deal with challenges, have more resilience and have reduced anxiety levels.

Language of Learning Challenge

With your child or even your whole family, undertake a short mindfulness activity. If you don't know where to start, log onto Smiling Mind (<https://app.smilingmind.com.au/sample/meditation/>)

Student Quote of the Week - 2 Quicksilver

"Mindfulness is focusing on the important things and listening to yourself." - Terrance Lui

"Mindfulness is being kind to people and being grateful for all the good things in your life." - Bonnie Lonsdale

Stage 1 Report

BANKSTOWN EAST HILLS DISTRICT DANCE FESTIVAL

Next Thursday 14th November our 4 dance groups will perform at the Bankstown East Hills District Dance Festival at Bankstown Sports Club. All groups have a dress rehearsal this afternoon at school from 3:00pm – 5:00pm and they will receive a note with final information. All tickets that were ordered have been allocated and Mrs Austin will be handing out costumes and tickets only to those who have paid. Please make final payments for the bus, tickets and costumes by Monday 11th November.

KINDY & YEAR 1 EXCURSIONS

Our little Kindergarten and Year 1 students have been counting down the sleeps to their respective excursions. Next Wednesday 13th November, Year 1 take a trip to Symbio Wildlife Park and on Thursday 21st November, Kindy head off to Calmsley Hill Farm at Fairfield for a day with the farm animals.

Details For Both Excursions Are:

Please ensure that your child is at school by 8:30am dressed in their sports uniform and joggers, with a small backpack with their recess, lunch and water bottles. All students must wear their school hat and if you could please apply sunscreen to your child before they leave home that would be greatly appreciated. Thank you to those families who have already paid. Please finalise payment ASAP if you haven't already done so. Thank you.

SWIMMING SCHEME

Next Monday we begin our 2 week swimming scheme for our Year 2's (along with some Year 3s). A huge thank you to Mr Burdon for organising this activity.

KINDERGARTEN ORIENTATION FOR STUDENTS 2020

Our Kindergarten Transition Program for students starting in 2020 finished yesterday and it was lovely to see all the excited little pre-schoolers enjoy their 3 visits to 'big school'. Notes will be sent home in the next 2 weeks indicating your child's day for their best start assessment and the start time for their first day of school on Monday 3rd February 2020. We look forward to seeing them in the new year.

Stage 2 Report

GOLD PRINCIPAL'S AWARDS

Congratulations to the following students who have received a Gold Principal's award at assembly.

- James Chiang
- Lucia Ricapito

UPCOMING EVENTS:

Swimming Scheme starts
RNP Year 3 Excursion

Mon 11th Nov
Wed 27th Nov

YEAR 3 EXCURSION TO NATIONAL PARK

A reminder that notes have gone home for this excursion. Please read the information carefully to ensure students are on time and bring what they need for the day. It is a wonderful, educational experience with lots of hands-on activities. See Mr Bowen or Mrs Collinet with any questions or concerns.

PROJECTS YEAR 3

The Year 3 projects are due to be presented in 'news' time during Week 8. It is great to see the students so keen and excited about their research. We encourage parents to discuss the process with their child and show them how much we value their effort. They have come a long way this year!

YEAR 4 SIGNIFICANT AUSTRALIAN PRESENTATIONS

Year 4 are quite the veterans in conducting independent research and organising it into beautiful presentations. Some are making spectacular posters, others putting together PowerPoint exhibitions. Every student has a different 'significant Australian' to research and we are looking forward to the huge amount of information their work will bring to the class. Presentations will begin next week.

WORK SAMPLE PORTFOLIOS

The Stage 2 teachers ask that parents supply a folder with clear plastic sleeves for their child. These are used to organise and display worksheets and work samples from this semester. The students feel proud to display and reflect on their work and love perusing the pages with their family. The folders need NOT be the official ones with our school logo - an inexpensive plain one is fine, although please make sure it has at least 30 sleeves.

SWIMMING SCHEME

The swimming scheme starts this Monday. If your son or daughter is involved, please make sure they bring all the required equipment, labelled clearly with their name.

4 ARGON TISSUE REQUEST

Mrs Psomadellis and Mrs Mayorga humbly ask for a few tissue boxes to see them through this term. They have completely run out, probably due to this year's particularly sickly winter. Perhaps some families forgot to send tissues at the start of the year and wouldn't mind supplying a box now?

Many thanks in advance.

Stage 3 Report

GOLD PRINCIPAL'S AWARDS

Congratulations to the following students who have received a Gold Principal's award at assembly.

- Talia Iskandar
- Ashika Naidu
- Joshua Shun Wah

UPCOMING EVENTS:

House Captain Forms Returned 3:00pm	11 th Nov
Geocaching Titanium & Silver	12 th Nov
Prefect Speeches	13 th Nov

LEADERSHIP TEAM 2020

Next week is going to be a very busy week for the students trying out for a leadership role! House Captain Nomination Forms need to be handed in by 3:00pm this coming Monday 11th. We strongly suggest that all students trying out for Prefect make sure they have submitted a House Captain form in case they are unsuccessful and would still like to try out for the Leadership team in 2020.

Prefect speeches will be held on Wednesday 13th November in front of the whole school. Students should by now have their 1½ minute speech ready on palm cards and have had it checked by their class teacher and been practicing it in front of their peers.

On Thursday we will announce the prefect team for 2020. We will then go straight into the House Captain speeches and voting.

We are so proud of all students for putting themselves up for a leadership role. It is a difficult time for those students who are unsuccessful. We do consider all Year 6 students to be leaders of the school, and there will be other ways those who are not prefects or house captains will be able to show their leadership skills.

YEAR 5 KINDERGARTEN ORIENTATION HELPERS

We have been most impressed with the competent and mature manner in which our Year 5 students have stepped into the role of assisting with KO. They have assisted the teachers in settling any kindies who may have been upset or unsure and they have paved the way to proving themselves to be reliable leaders. Well done!

IMPORTANT INFORMATION REGARDING PAYMENTS

As the end of the year approaches, it is requested that all Stage 3 families, particularly Year 6, check with the office before making any further payments. Some families have outstanding credits and our friendly office ladies would like to finalise any outstanding amounts before further payments are made.

This request is especially important with online payments. Thank you for your understanding and cooperation with this matter.

YEAR 6 CHOCOLATE FUNDRAISER

Thank you to all those families who have offered to sell chocolates to raise funds for the Year 6 Farewell. The chocolates arrived today and should have gone home with the students this afternoon.

We'd like to have the fundraiser over and all money collected by Friday 29th November if not before!

Library

END OF YEAR

As we are in our last term for 2019 and the library will begin a stocktake very soon, could you please check that your child has returned ALL overdue library books to date. I will soon be sending lists home with students who have overdue books, and we are constantly checking the shelves to make sure they have not been accidentally shelved without being returned. Thank you for helping with the clean up (it is also a good way to get your child to clean and tidy their room!)

Thank you for your assistance.

Band

UPCOMING EVENTS:

Year 2 Demonstration Workshop	Mon 11 th Nov
Showcase Performance	Tue 19 th Nov
Thank You Morning Tea Performance	Fri 29 th Nov

YEAR 2 DEMONSTRATION WORKSHOP

Mrs Stewart has organised a demonstration workshop for Year 2 students next Monday, 11th November. Current members of the band will perform and Mrs Stewart will talk about the different instruments and how they are played. The students will then have the opportunity to talk to their parents about joining the band.

Please note: As we have a limited number of instruments and places available, the Year 2 students will be given a note on the day (they will also be emailed home), indicating pictures and availability of instruments the students can choose.

To make the recruitment process as fair as possible, notes expressing interest **MUST BE RETURNED TO MRS STAWSKI (NOT the office box or Mrs Stewart)** and will be considered on a 'first come first served' basis. They will only be accepted **after the workshop day**, not before.

There may be other options for any child who misses out – e.g. having their own instrument.

Once your child is enrolled in the band, we will endeavour to issue their instrument and give them one or two tutorials this term, so they can start getting to know their instrument over the summer holidays. Thank you for your understanding and support, we look forward to welcoming you to the 2020 band.

PIANO PLAYERS WANTED

Mrs Stewart would like a number of students to join the band to play the following: *keyboard, bass, vibraphone, glock*. Interested students must be able to play the piano and read notes. For more information, please see Mrs Stewart on a Monday or Tuesday.

Chess

UPCOMING EVENTS:

NSW JCL One-Day Tournament	Mon 11 th Nov
Sydney Academy In-school Chess Tournament	Wed 11 th Dec

ONE-DAY CHESS TOURNAMENT

The JCL inter-school tournament is this Monday, at Miranda Public School. Registrations start at 9:00 am and considering the morning traffic and school zones, we will need to **leave school at 8.15am**.

Please make sure your son/daughter is at school by 8:10 am. They need to wear school uniform and bring recess and lunch.

Please be aware that the event finishes around 2:45pm, which means we will be back at school around 3:30-3:45pm – it is your responsibility to collect your child or notify OOSH if your child attends.

Many thanks to the drivers – this event could not happen without you; because of your help, I have been able to register seven teams!

Here is the driving roster just to be sure everyone has received it: (Please note that these are NOT the chess teams)

Miranda Public School, 3 Sylvia Ave, Miranda

Leave school 8:15am, return pick up 2:45pm (No need to stay – Mrs Stawski supervising)

To Miranda		Back to PPPS	
Kylie Bayley	Matthias, Sam, James, Tiffany & Josephine	Kylie Bayley	Matthias, Sam, James, Tiffany & Josephine
Trina Kumar	Arun, Talia, Levi, Logan, Chloe & Chelsea	Trina Kumar	Arun, Talia, Levi, Logan, Chloe & Chelsea
Maria Musumeci	Sebastian & Ayden	Maria Musumeci	Sebastian & Ayden
Kellie Phillips	Ethan, Joshua & Lucas	Sonia Stawski	Ethan, Joshua & Lucas
Sonia Stawski	Leo, Jamie & Ryan	Minh Tran	Leo, Jamie & Ryan
Minh Nguyen	Jason	Minh Nguyen	Jason
Kayla Savage	Ben	Kayla Savage	Ben

SYDNEY ACADEMY IN-SCHOOL CHESS TOURNAMENT

Wednesday 11th December 9:00am - 12:00pm Cost: \$17.50

This tournament will be run as a Swiss with approximately 6-7 games. This means that all children play in all the rounds and no one is knocked out. There will be trophies awarded for the highest 3 scorers, and medals presented as age prizes. Each child playing will also receive a participation certificate. There will also be encouragement awards, depending on the number of entries.

To enter please go to www.sydneyacademyofchess.com.au/payment and pay online with your credit card, using the code C2TQT4DU50 and fill in the electronic form, with your child's details.

SCHOOL CHESS CLUB

Lunchtime Chess continues to run on Tuesday (Mr Burdon's Room) and Thursday (Mrs Stawski's Room).

Sport Report

UPCOMING EVENTS:

Year 2 Swim Scheme	Weeks 5 & 6
Bankstown/East Hills Dance Festival	Thu 14 th Nov
PSSA Semi-finals	Fri 15 th Nov
Showcase Day	Tue 19 th Nov
Sport & Performing Arts Photos	Wed 20 th Nov
PSSA Finals	Fri 22 nd Nov

PSSA SEMI FINALS

Today is the last round of PSSA Boys Cricket, Girls Touch, T-Ball and Softball and semi-finals will be played next Friday 15th November. Non- competitive AFL have 3 weeks of games remaining. We will not know until Monday which teams will progress to semi finals but wish all teams the best of luck.

STATE ATHLETICS

A huge congratulations to our athletes who competed at the State Athletics Championships this week at Homebush. The calibre of these elite athletes who compete from all over NSW is of the highest level. It is an outstanding achievement to reach a state carnival and we are very proud of the following students.

		Place	Heats	Semi-final	Final
Jake Bender	12 Years High Jump	6 th	1.55m		
Jacob Poole	10 Years 800m	9 th	2:33.35		2:33.70
Jacob Poole	10 Years 1500m	9 th	5:06.90		
Channary Royal	12 Years 200m	10 th	28:34	27:98	
Damon Beard	9 Years 100m	24 th	14:65		
Junior boys	Relay team	34 th	1:01:20		
Cameron Poole	12 Years 1500m	38 th	5:53.60		

Junior Boys Relay – Josh Sabbagh, Damon Beard, Blake Petrovski and Silas Tohilima-Gardiner.

GIRLS KNOCKOUT TOUCH

On Monday our Girls Touch Football Knockout team travelled to Parramatta for the State Finals. In the quarter-finals, the girls came up against a well drilled Warialda PS team. The game was tight early on, but as the game unfolded our girls proved too strong and ran away 6-0 winners to move into the semi-finals against South Wagga PS. In what was a tight and hard fought contest, both teams traded try for try and the scores were locked at 4-4 with not long remaining. Unfortunately, two quick tries to South Wagga sealed the game and the girls went down 4-6. The girls are to be congratulated on an amazing effort, finishing in the top 4 teams of NSW in a competition that began with over 500 schools.

(Mia Dodd, Channary Royal, Kayley Sommer, Violet Loane, Makayla Ralevski, Vitorian Tavita, Cara Watters, Anessa Arifaki, Natalie Lui, Emily Fisher and Tilly Fuz)

A huge congratulations to Mr Belgre for the countless hours of preparation, time and training he has given the girls throughout the year to achieve such outstanding results!



Teenie Weenies Learning Centre



Teenie Weenies is a privately, family owned and run childcare centre by the Sister and Brother team of Marie and Chris. Marie having a Child Care background and Chris' catering background and love for food and cooking has had Teenie Weenies operating in the community since opening their doors in late 2010.

Teenie Weenies work towards meeting and exceeding all requirements and acknowledge the importance of play and learning in an early childhood environment. We are a small 29 place service with a close knit team who are dedicated, highly skilled and motivated educators.

Our amazing cook also offer's home cooked meals not only to our children through out the day, however to parents to purchase as well and make life that little bit easier when getting home of an evening.

Mon-Fri, 7am-6pm

- Qualified Cook
- Quality Staff
- Home made Take away
Family meals
- School Readiness
- Home-like environment
- NSW curriculum framework

We have an Open Door Policy, please feel free to come in and visit at anytime.

**READY
SET
GROW**

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Find us on Facebook & Web <http://teenieweenies.com.au/>





Shop & save for Christmas

EXCLUSIVE TO ZERO & REWARDS
CARD HOLDERS

20%
OFF
SCHOOLWEAR
AND EVERYTHING ELSE!



INSTORE & ONLINE THURSDAY 14TH NOVEMBER.

* Excludes gift cards, all suit packages & Schoolwear layby's. Cannot be combined with other offers or discounts. Floor stock only.

Styles and colours may vary from store to store.

No rain checks. Please choose carefully, exchanges and refunds only with docket. Includes existing 5% discount.

Offer ends midnight (AEST) 14/11/19. Must use Zero or Rewards card to receive discount.