PICNIC POINT PUBLIC SCHOOL SUN PROTECTION POLICY



"Strive to Excel"

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Rational:

Ultraviolet (UV) radiation from the sun can cause sunburn, skin damage, eye damage, and skin cancer. Australian has the highest incidence of skin cancer in the world, with two in three Australians developing some form of skin cancer during their lifetime. Overexposure to the sun during childhood and adolescence is known to be a major cause of skin cancer.

Goals:

- Increase student and community awareness about skin cancer and sun protection.
- Encourage the entire school community to use a combination of sun protection measures whenever UV Index levels are 3 and above.
- Work towards a safe school environment that provides shade for students, staff and the community.
- Assist students to be responsible for their own sun protection.

Implementation:

Hats

- Students are encouraged to wear school hats that protect their face, neck and ears e.g. broad brimmed or legionnaire whenever outside
- If a students doesn't have a hat they are encouraged to play under the COLA

Shade

- Students who do not have hats are asked to play under the COLA.
- The availability of shade is considered when planning excursion and all other outdoor activities
- Students are encouraged to use available areas of shade when outside.

Sunscreen

- All classrooms have SPF 30+ broad-spectrum sunscreen available.
- Students are encouraged to reapply sunscreen before going outside.
- On extended outdoor events students will be encouraged to apply sunscreen every 2 hours.

Role modelling of staff

Staff will be requested to role model good sun protection behaviours by:

- Wearing sun safe hats, clothing and sunglasses when outside.
- Applying SPF 30+ sunscreen.
- Seeking shade whenever possible.

Curriculum

 Teachers will be encouraged to include sun protection principles in teaching programs across all year levels.

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Information to the school community

• Sun protection information is regularly promoted to the whole school community through newsletters, school homepage, parent meetings, staff meetings, school assemblies and on student enrolment